



**Carmel Valley Athletic Club**  
**Junior Tennis Academy**  
**Summer Program 2010!!!**

Whether You Aspire To Professional Greatness  
Or Just Want To Learn The Game,  
Come Join

Brian Cory and David Watson  
For A Great Summer Of Tennis!

For Ages 6 – 18

Nine - Weekly Sessions Beginning June 7

All sessions will run Monday – Friday

9:00am – 4:00pm

( unless otherwise specified)

2 Groups Available:

Champions: Advanced ( NorCal/Nationally Ranked or Varsity High School)

Futures: Beginner/Intermediate

**Please call 624-2737 for more information. Registration forms and  
program information are available in the Pro Shop.**

**SPACE WILL BE LIMITED.**  
**SIGN UP NOW TO RESERVE YOUR SPOT!!**

**CVAC Junior Tennis Academy**  
**Summer Program 2010**  
**Registration Form**

**Contact Brian Cory at 594-5699 or David Watson at 402-1477**

**NAME:** \_\_\_\_\_

**PARENTS NAME:** \_\_\_\_\_

**ADDRESS:** \_\_\_\_\_

**CITY/STATE/ZIP:** \_\_\_\_\_

**PHONE & E-MAIL:** \_\_\_\_\_

**AGE:** \_\_\_\_\_ **GENDER circle one: M or F**

**CIRCLE ONE: CHAMPIONS OR FUTURES**

**CHECK WEEK(S):**

WEEK 1 - JUNE 7-11

WEEK 6 - JULY 12-16

WEEK 2 - JUNE 14-18

WEEK 7 - JULY 19-23

WEEK 3 - JUNE 21-25

WEEK 8 - JULY 26- 30

WEEK 4 - JUNE 28 – JULY 2

WEEK 9 – AUGUST 2 – 6

WEEK 5 - JULY 5-9

**TUITION:**

**MEMBER**

**NON-MEMBER**

2 WEEKS \_\_\_\_\_ \$775.00 \_\_\_\_\_ \$895.00

1 WEEK \_\_\_\_\_ \$420.00 \_\_\_\_\_ \$490.00

DAILY \_\_\_\_\_ \$100.00 \_\_\_\_\_ \$110.00

½ DAY \_\_\_\_\_ \$55.00 \_\_\_\_\_ \$65.00

(½ day can be 9-12pm or 1-4pm) \*CVAC FITNESS MEMBERS PAY THE NON-MEMBER RATE.

**AMOUNT PAID: \$** \_\_\_\_\_

**METHOD OF PAYMENT:** check # \_\_\_\_\_ CC# \_\_\_\_\_  cash  member chrg.

**SIBLING DISCOUNT:**

2 JUNIORS: 1<sup>ST</sup> JUNIOR FULL PRICE, 2<sup>ND</sup> JUNIOR 10% OFF

3-4 JUNIORS: 1<sup>ST</sup> JUNIOR FULL PRICE, 2<sup>ND</sup> JUNIOR AT 10% OFF, 3<sup>RD</sup> AND/OR 4<sup>TH</sup> JUNIOR AT 20% OFF

**PLEASE MAKE ALL CHECKS PAYABLE TO CVAC. YOU MAY ALSO PAY BY CREDIT CARD, CASH, OR MEMBER CHARGE. IF SENDING REGISTRATION BY MAIL, PLEASE SEND PAYMENT WITH REGISTRATION FORM TO CVAC ATTN: BRIAN CORY 27300 RANCHO SAN CARLOS RD. CARMEL, CA 93923**



## **Carmel Valley Athletic Club**

### **Junior Tennis Academy**

### **Summer Program 2010**

The Carmel Valley Athletic Club (CVAC) Junior Tennis Academy was started by Director of Tennis, Brian Cory, in September, 2004. The Academy is dedicated to improving any junior's tennis game to whatever level he or she desires. Brian has helped many juniors achieve college scholarships through their tennis, and has virtually filled up the rosters of almost all the high school varsity tennis programs, boys and girls, on the Monterey Peninsula. Our philosophy at CVAC is to teach a total package tennis scheme. All players will receive the knowledge of how to play competitive tennis, whether they strive to make their high school teams, or want to be sectionally or nationally ranked juniors, with college tennis, or professional aspirations. We emphasize sportsmanship, footwork and conditioning, strategy (singles and doubles), mental toughness, good work ethics, stroke production and the ability to hit all spins (slice and topspin), and most importantly, learning how to have fun and enjoy a lifetime sport, tennis! Juniors aged 6 – 18 are recommended for this program.

### **Meet Our Tennis Professionals**

#### **Brian Cory, Director of Tennis**

USPTA 1 Certified Pro. Brian is a current competitive player. He has been ranked #1 in the nation in men's doubles over 14 different years in the senior divisions (25's, 30's, 35's, and 40's). Currently, he is ranked #2 in the nation, and has been ranked #1 or #2 for the last 7 years in a row, in the men's 35 and 40 doubles. Brian has won 11 national doubles titles along with numerous Northern California Men's Open titles to his credit as well. He was ranked #1 individually in Northern California Men's Open Doubles in 2006 and 2007. Brian was world ranked in men's doubles on the ATP Tour in the 1990's, 2006 and 2007. He played college tennis at the University of Arizona and UC Santa Barbara. He was ranked in the top 10 in Northern California from the 12's to the 18's every year and was nationally ranked from the 14's to the 18's in junior play. Brian is also the boy's varsity coach for Carmel High School.

#### **David Watson, Junior Developmental Specialist**

USPTA certified teaching professional since 2000. B.A. Slavic Languages and Literature/Political Science, University of Kansas. With experience teaching tennis through a city parks and recreation program, at a summer boarding camp, and at a local resort, David joined the CVAC team 9 years ago. He played competitive junior tennis (14s-18s) in the Missouri Valley section of the USTA, and thrives on working with all juniors from the tiny tots (4-6 yrs.) to high school varsity and sectionally ranked players. In addition to teaching at CVAC, David has coached the Carmel Middle School tennis team since 2001.

**All other counselors are current or former Northern California ranked juniors and college players.**



## *CVAC Junior Tennis Academy* *Summer 2010 Schedule*

Week 1 - June 7-11

Week 2 - June 14-18

Week 3 - June 21-25

Week 4 - June 28- July 2

Week 5 - July 5-9

Week 6 - July 12-16

Week 7 - July 19-23

Week 8 - July 26-July 30

Week 9 - August 2-6

All sessions will run Monday through Friday from 9:00am to 4:00pm unless otherwise specified. Groups will be divided into 2 categories: Champions = Advanced (NorCal/Nationally Ranked or Varsity High School) and Futures = Beginner/Intermediate. Player to coach ratio will be: Champions, 6 to 1, and Futures, 8 to 1.

### **Daily Schedule:**

**9:00 – 10:00am:** A combination of morning fitness with a variety of cross training techniques. Footwork drills, sprinting and distance running, jump-rope and core training (abdominal work), will all be focused on to develop quickness and endurance.

**10:00am – 12:00pm:** Drilling on ground strokes, volleys, serve and serve return, how to hit spins, and footwork fundamentals will be focused on during these 2 hours. Live ball feeding drills will be employed to simulate real match situations and learn about shot selection.

**12:00 – 1:00pm:** A Well-Deserved Lunch Break. Bring your own or we have a snack bar/restaurant available to refuel the juniors for the afternoon session.

**1:00 – 4:00pm:** Match play. Singles and doubles strategy. Competitive point playing, games, sets, and mental toughness training on how to handle pressure situations. For the Futures group, we will teach how to play tennis, scoring, positioning, etc.

### **Dress Code and What You Will Need:**

Please wear proper tennis attire. T-shirts are ok. No black-soled shoes, no jeans, and no tank tops for boys. You may bring your own lunch or we have a snack bar/restaurant available. We will provide water and an afternoon snack for the players on court.